

EATERY PARK

BOOK A TABLE, SPACE OR EVENT: (01) 6933326 / WWW.JAM-PARK.COM / INFO@JAM-PARK.COM

NIBBLES

CHICKEN WINGS GLUTEN FREE

Irish free-range chicken wings, hot sauce, blue cheese dip, celery 7,9

NACHOS GLUTEN FREE

Corn tortilla chips, pulled pork, guacamole, salsa, sour cream, jalapeños & cheese sauce 1(wheat flour),7,12

VEGAN NACHOS GLUTEN FREE

Vegan smoky chilli, guacamole, salsa, jalapeños and vegan cheese 1(*oats),12

MAC 'N' CHEESE BITES

Macaroni, three cheese sauce, hot sauce ranch 1(wheat flour),3,7,10

CHEESE BOARD

A selection of Irish cheeses & crackers 1(wheat flour),7

CLASSIC CAESAR SALAD

Cos lettuce, garlic croûtons, aged Parmigiano Reggiano, house Caesar dressing 1(wheat flour),3,4,7,10

Add grilled chicken or roasted cauliflower + €3.00

€10.00

€9.00

€9.00

€6.00

€5.00

€9.00

DOWN & DIRTY FRIES

€7.50 EACH

THE TRIPLE CHEESE & CRUMBLE

Cheese sauce, mozzarella, cheddar and bacon crumble 1(wheat flour),7,12

NACHO FRIES

Pulled pork, guacamole, salsa, sour cream, jalapeños, cheese sauce 1(wheat flour),7,12

CHORIZO

House made chorizo, crumbled Fivemiletown goat's cheese, caramelised onion, baby rocket 7,12

CHEESY GRAVY

St.Tola cheese curds, sausage gravy, crispy shallots 1(wheat flour,oats),7,12

DISCO FRIES

Melted mozzarella with chicken gravy 1(wheat flour),7

SANHDCIWSE

€9.50 INCLUDES ANY SIDE

GRILLED THREE CHEESE

Grilled gruyère, provolone cheese and mature cheddar on buttered white pan with relish 1(wheat flour),7

B.L.A.T

Thick cut dry cured bacon, lettuce, avocado, tomato, mayonnaise 1(wheat flour),3,7,10,12

MEATBALL PARMIGIANA HERO

Spicy meatballs, Italian tomato sauce, provolone cheese and mozzarella on a rustic baguette 1(wheat flour),3,12

SIDES

€4.00 EACH

FRIES VEGAN

Skin-on hand cut fries

SWEET POTATO FRIES VEGAN

With chipotle mayo 3,7,10,12

ONION RING

Buttermilk ranch dressing 1(wheat flour),3,7,10,12

SLAW VEGAN

Red cabbage, carrot, Granny Smith apple 12

GREEN & VEG SALAD VEGAN

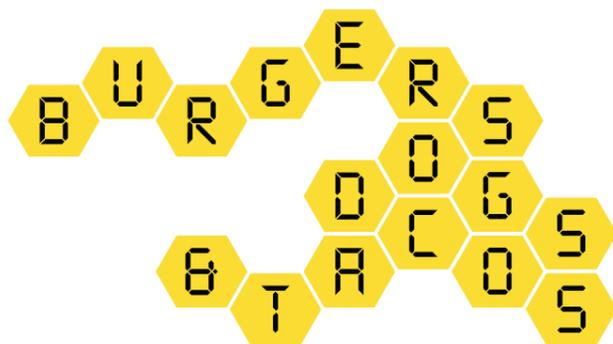
Baby watercress, rocket, rainbow carrot, pickled cucumber, mixed seeds 12



BREAKFAST

€12.00

Two free range fried eggs, dry cured bacon, sausage, black and white pudding, roasted tomato, toast 1(wheat flour),3,12



INCLUDES FRIES



GLUTEN FREE OPTIONS AVAILABLE, ASK YOUR SERVER

CHEESEBURGER

Higgins beef burger, cheese, tomato, lettuce, pickles 1(wheat flour),3,7,10,12

CHICKEN BURGER

Buttermilk free-range chicken, chipotle slaw, lettuce, pickles 1(wheat flour),3,7,10,12

SPICE BURGER VEGAN

Spiced bean burger, guacamole, lettuce, tomato, harissa lime vegan mayo 1(oats*)(wheat flour)

FISH BURGER

Crunchy white Irish fish fingers, slaw, minted pea pureé 1(wheat flour),3,4,7,10,12

HOT DOG

Jane Russell hot dog with caramelised onions and mustard 1(wheat flour, oats)10,12

CHILLI CHEESE DOG

Jane Russell hot dog topped with chilli pulled pork and cheese sauce 1(wheat flour, oats)3,7,10,12

VEGGIE DOG VEGAN

Sticky roast celeriac hot dog with caramelised onions and mustard 1(wheat flour)10,12

FISH FINGER TACOS

Crunchy white Irish fish fingers, shredded red cabbage slaw, coriander, feta, chipotle crema 1(wheat flour),3,7,10,12

CAULIFLOWER TACOS VEGAN

Spicy roast cauliflower, baby greens, coriander, pomegranate, burnt lime 1(wheat flour)

€14.00

€14.00

€14.00

€14.00

€12.00

€12.00

€12.00

€14.00

€14.00

SAUCES

€1.00 EACH

GARLIC DIP 10,12

CHIPOTLE MAYO 10,12

BBQ SAUCE 10,12



We take pride in where our food comes from and we try to support organic, local, free range, sustainable and ethical food production and supply practices.



1 Cereals containing gluten
2 Crustaceans / 3 Eggs / 4 Fish
5 Peanuts / 6 Soybeans / 7 Milk
8 Nuts / 9 Celery / 10 Mustard
11 Sesame seeds / 12 Sulphites
13 Lupin / 14 molluscs

*Oats used in this product are gluten-free and have been specially produced, prepared and processed in a way to avoid contamination by cereals containing gluten.



Desserts

€6.00 EACH

CHOCOLATE FUDGE BROWNIE

Chocolate fudge brownie with vanilla ice cream & chocolate sauce 1(wheat flour),3,7

LIME CHEESECAKE VEGAN

Biscuit base with cashew lime filling 1,8(wheat flour)(oats*)

PIE OF THE DAY

Served with a scoop of ice cream 1(wheat flour),3,7,6

SUNDAE

Vanilla and chocolate ice cream, brownie pieces, raspberry compôte, toasted hazelnuts 3,6,7,8(hazelnuts)

ICE CREAM & SORBET GLUTEN FREE

Ask your server for flavours
Vegan options available 3,6,7

GAMES YARD

At Jam Park we love games, and you might notice we've referenced a few on this menu. Email us every game you notice on this menu and if you get the full list correct, we'll send you an E-goodie bag, just like that!

If you see it, say it info@jam-park.com